

	PSHE Curriculum Outline 2024-2025						
Term	Year 9	Year 10	Year 11				
Autumn 1	<ul> <li>Unit: Who Am I?</li> <li>Identity</li> <li>Body Image</li> <li>My Mental and Emotional Wellbeing</li> <li>Britishness and belonging</li> <li>Tolerance and challenging viewpoints</li> <li>Anti-racism</li> <li>Personal responsibility and seeking support</li> </ul>	<ul> <li>Unit: My Future - Careers</li> <li>Interests</li> <li>Employment and Work-related skills</li> <li>LMI Investigating Careers</li> <li>Investigating careers using Kudos</li> </ul>	<ul> <li>Unit: My Future - Careers</li> <li>Voluntary work</li> <li>Rights at work</li> <li>Workers' rights</li> <li>Linking education to future lifestyle</li> </ul>				
Autumn 2	<ul> <li>Unit: My Future - Careers <ul> <li>Personal finance and budgeting</li> <li>Investigating careers using Kudos</li> <li>Challenging stereotypes and workplace discrimination</li> <li>Role of volunteering and the voluntary sector</li> <li>Considering work-related skills</li> </ul> </li> </ul>	<ul> <li>Unit: Citizenship - Government</li> <li>What is Parliament?</li> <li>Elections - Who represents us?</li> <li>Political campaigning</li> </ul>	<ul> <li>Unit: My Future - Careers <ul> <li>Options at 16+</li> <li>Applying for jobs</li> <li>Preparation for mock interview</li> </ul> </li> <li>Unit: Making Sensible Choices - RSE <ul> <li>Day</li> <li>HIV awareness</li> <li>Child on Child Abuse: Online and Off-line</li> <li>Staying safe online: Challenging attitudes which perpetuate pressure to send or pass on a nude image.</li> </ul> </li> </ul>				



Spring 1	<ul> <li>Unit: Making Sensible Choices - RSE</li> <li>What are the features of healthy relationships?</li> <li>What emotional and physical changes can happen during puberty?</li> <li>Managing menstruation</li> <li>The importance of consent. Students understand the importance of consent in relation to intimacy and sexual activity. Students to explore the positive and negative aspects of having sex as a young person.</li> <li>To explore the correct use of a contraception and relate to safer sex practice.</li> <li>Reproductive health; Fertility, health, menopause, and miscarriage.</li> </ul>	<ul> <li>Unit: Making Sensible Choices - RSE</li> <li>Harmful effects of pornography and explicit material</li> <li>Reasons to delay intimate relationships.</li> <li>Unintended conception- options and choices. Choices related to pregnancy. Including emergency contraception and how to seek support.</li> <li>Reducing risk - Safer sex/sexual health/sources of help and advice. Raising awareness of symptoms of STI's. HIV/AIDS and signposting to helpful agencies.</li> </ul>	<ul> <li>Unit - Citizenship - Personal finance</li> <li>A place of your own</li> <li>Payslips and Pensions</li> <li>Pay deductions</li> </ul>
Spring 2	<ul> <li>Unit: The World Around Me</li> <li>Global Agreements - Local agenda 21</li> <li>Considering Human Rights</li> <li>Street children</li> <li>Unit: Who decides</li> <li>How are my views represented locally?</li> <li>Local Government finance.</li> <li>How can I influence my local council?</li> </ul>	<ul> <li>Unit: Making Sensible Choices - RSE</li> <li>Long term relationships</li> <li>Demands of Parenting/Being a carer</li> <li>Sexual Harassment. Students understand how language and behaviour can be seen as abusive and threatening.</li> <li>Social Media - What are you sharing?</li> </ul>	<ul> <li>Unit: Citizenship</li> <li>Political literacy</li> <li>UK Politics and political parties</li> <li>Voting and elections</li> <li>Law and order</li> </ul>



Summer 1	<ul> <li>Unit: Making Sensible Choices -Drugs.</li> <li>Alcohol Awareness</li> <li>Students to be aware of the effects and consequences of alcohol use and abuse.</li> <li>Drug trade and Exploitation</li> </ul>	<ul> <li>Unit: Making Sensible Choices - Drugs</li> <li>Cannabis - can it be harmful to our health and wellbeing?</li> <li>What's the risk and how can harm be reduced.</li> <li>Drugs and Alcohol: Where do I go for help?</li> </ul>	<ul> <li>Unit: Citizenship</li> <li>The role of the media</li> <li>Refugee crisis</li> </ul>
Summer 2	<ul> <li>Unit: Physical Health - First Aid</li> <li>What to do in an emergency. How and when to give first aid</li> <li>Learning first aid skills</li> <li>CPR</li> <li>Defibrillators</li> </ul>	<ul> <li>Unit: Careers</li> <li>Accessing careers web tool</li> <li>Planning for work experience</li> </ul>	

PSHCE is supported through the assembly programme and dedicated days where students will specialise on a particular topic area.

Skills

- recalling detailed information accurately
- drawing together information from different areas of PSHCE
- applying knowledge and understanding of different views on society
- analysing and evaluating a given statement using their knowledge and understanding of the issue
- maintaining a sustained line of reasoning, leading to a reasoned conclusion
- developing oracy using key terminology and communicating with relevance, clarity and coherence